



Learn the two simple steps:

1

Call 911



2

Push  
hard & fast



**CPR Week is  
June 1-7**



**#CPR  
WITH  
HEART**



**Every Second Counts  
In Cardiac Arrest**



**Every second  
counts in  
cardiac arrest**

**Two Steps to  
Save a Life**

1



**Call 911**

2



**Push  
hard & fast**



**#CPRwithHeart**